

Ben Drake lost 35 kg!

I first became interested in Herbalife because I had been trying to get my weight under control for ages but was having little luck. I was introduced to the products by Mervyn Drury and was happy to try them because other products I had tried had not worked for me at all. My goal was to fit into medium-sized clothing.

I started on the Advanced Programme and quickly found that I was no longer tired and, as a result, my gym workout felt easier to do. I have gone from 117kg to 82kg and I can now wear suits without having to leave the jacket open or partly buttoned up.

I have since upgraded to the Ultimate Programme and added Herbalifeline[®], Tang Kuei Plus, Xtra-Cal, Formula 4, RoseOx* and Liftoff[™] to my daily routine for optimum nutrition, and I also use the NouriFusion[™] skin care line.



I've been taking the products now for over 16 months and will definitely continue with Herbalife for the rest of my life. I have far more self-confidence and my friends regularly comment on how good I look.

My goal now is to maintain this weight for the rest of my life. I can do so much more now as I have more mobility from losing the weight. I love Herbalife and I feel fantastic!

“I have far more self-confidence.”

Weight before: 117kg
Weight after: 82kg

Total weight loss to date: 36kg

Time taken: 14 months

Here's how:

Advanced Programme, then upgraded to the Ultimate Programme and added Herbalifeline[®], Tang Kuei Plus, Xtra-Cal, Formula 4, RoseOx* and Liftoff[™].

*The RoseOx brand is the property of Zeullig Botanicals (Inc) USA. Regular exercise, balanced nutrition and a calorie-controlled diet are the basic requirements of any successful weight control programme. Vitamins can only be of assistance if the dietary vitamin intake is adequate. Always read the label - use only as directed. If symptoms persist, seek medical advice. Vitamins can only be of assistance if the dietary vitamin intake is adequate. Always read the label - use only as directed. If symptoms persist, seek medical advice.